



Rosie's

LASTING LEGACY

*Supporting the Cystic Fibrosis Trust
through a gift in your will*



Rosie Barnes

Many of you will know that after 14 years as Chief Executive of the Cystic Fibrosis Trust, I retired in August 2010. I became a grandmother for the first time this year and want to be able to give my family more support; I'm sure that many of you can identify with that.

I plan however to continue to promote the work of the Cystic Fibrosis Trust and champion the needs of those affected by Cystic Fibrosis. I hope the work that I've helped to drive forward on gene therapy will be one lasting legacy that I can leave; the other is a legacy that I'm leaving to the Trust in my will. This is a relatively simple way for me to support the Trust's work in the future, whilst at the same time ensuring my family is cared for.

With this leaflet I am helping the Cystic Fibrosis Trust to launch a new campaign to encourage you to remember the importance of writing and updating your will and, if you can do so, to also consider leaving the Trust a legacy. Please remember it needn't be a large amount to make a difference: currently gifts range from a few hundred to hundreds of thousands of pounds; all gifts help us to make a difference.

I very much hope that you will join me in this campaign to continue to make a real difference to the lives of those with Cystic Fibrosis. If you have already made a gift in your will to the Trust, please accept our thanks.

Building on advances in treatment and care

The Cystic Fibrosis Trust needs to increase legacy income to fund work to increase length and quality of life for those with CF, like Kate Smith, through more effective treatments and better care. Kate explains in her own words:

“I was diagnosed with CF in 1983, aged five. Few people had heard of CF including my mum who is a science teacher. In those days, life expectancy was 17 – today it’s 38. The only treatment was physiotherapy twice a day and antibiotics when necessary. Since then, thanks to generous supporters, the Trust has been able to fund advances in treatment and care which make the outlook for me much brighter. But there is still much to do.”

Professor Eric Alton, who leads the gene therapy consortium, explains: *“Whilst we are excited about the potential of the wave 1 gene therapy, work is also underway on a wave 2 product which is up to 500 times more effective and may benefit people whose lung damage is more progressed.”*

As people with CF get older, there are also more health-related complications to deal with. We need to ensure we can fund work to tackle these in the future.

Funds raised also improve the quality of life for those with Cystic Fibrosis. Kate continues, *“Living with CF can make you feel depressed and isolated because of the risk of cross infection. The CF Trust’s website with the forum and Facebook all help me feel less alone and they give me greater confidence in the future.”*



Kate (left), with friend
Victoria

Legacies really do make a difference

Some of the projects which we have funded in recent years have only been made possible with the financial help of legacies made many years ago. Below are just two examples of recently received legacies.

In 2009 we received a legacy of £77,000 from Charles William Taylor. Mr Taylor had no family and left his affairs in the hands of solicitors Berry & Berry in Manchester. He requested that his two-bedroom house be left to childrens' care organisations. Thanks to CF parents Angela and Patrick Regan raising awareness of Cystic Fibrosis, the work of the CF Trust was at the forefront of the solicitors' minds.

This legacy is helping to fund the training of a new specialist CF consultant at the CF Unit at Wythenshawe Hospital, Manchester. The grant will help provide the specialist training necessary to ensure the best possible care for those with Cystic Fibrosis. This training post was taken up by Dr Alex Horsley, enabling him to expand both his clinical and practical knowledge of Cystic Fibrosis.



Luke receiving specialist care

In the same year we received a legacy of £1,000 from Mrs Margaret Haigh. Mrs Haigh's granddaughter has CF and she and her family wanted to support research the CF Trust is funding to find effective treatments for Cystic Fibrosis. A legacy of this amount could pay for a patient on the gene therapy trials to undergo a mucociliary clearance scan, which is a test used to see if gene therapy is being effectively delivered to the lungs.

Three good reasons to join Rosie in leaving a lasting legacy

Brian Henderson who is a CF parent, a CF Trust Trustee and a solicitor explains the importance of writing a will and the advantages of supporting your favourite charity with a legacy:



“Firstly, continue to support the person in your life with Cystic Fibrosis

Writing a will is the best way of ensuring that your family are looked after as you would wish, after you are gone. If you die without leaving a will the legal system decides how your possessions are divided, irrespective of your wishes.

Secondly continue to support the CF Trust

By leaving a legacy to the CF Trust in your will it's possible to continue to support the work of the Trust and to make a difference to those with CF after your death. If you have family and friends that you want to provide for first and still leave something to the CF Trust, you can have your will written in such a way to ensure that happens.

Finally, beat the tax man!

If the total value of your estate is over £325,000 for individuals and £650,000 for married couples or civil partnerships (2010-2011 tax year), your executors may have to pay 40% inheritance tax on the amount over the threshold. This threshold may seem like a large sum of money, but you may find your home, savings and possessions add up to more than that. However, as donations to charity are tax exempt any gift you leave to the Cystic Fibrosis Trust is free of Inheritance Tax and can therefore also be used to reduce your tax bill.”

Useful information

If you would like to leave a gift to Cystic Fibrosis Trust in your will you only need a few key pieces of information to take with you to your solicitor. These are the CF Trust's name, address and our charity registration number that uniquely identifies us. The information you need is:

Cystic Fibrosis Trust
11 London Road
Bromley
Kent
BR1 1BY

Registered Charity Number in England and Wales: 1079049
In Scotland: SC40196

Choosing the type of gift

There is more than one way to leave a gift in your will, depending on your personal circumstances. You may want to leave a gift of a fixed sum of money or a part of what is left over when all other gifts and liabilities have been paid. This form of gift has the advantage that it isn't devalued by inflation, and will not reduce what your loved ones receive. Your solicitor will be able to advise you of other options available.



Sue Whitehead

Please contact Sue Whitehead, Legacy Marketing Manager, on 020 8290 8051 or email swhitehead@cftrust.org.uk if you have any questions or would like further information about leaving a gift in your will. Further information can also be found on our website www.cftrust.org.uk.

Support Rosie's Lasting Legacy

Thank you so much if you have already left a gift in your will to the Cystic Fibrosis Trust or are intending to. If you are happy to tell us your intentions, we would like to thank you and keep you informed about the work of the Trust.

Contact details:

Title: _____ First Name: _____ Surname: _____

Address: _____

_____ Postcode: _____

Telephone number: _____

Email:* _____

Date of birth: _____

Connection to CF: _____

- Fold here
- I have already remembered the CF Trust in my will.
 - I am considering leaving a legacy to the CF Trust in my will.
 - Please send me further information.
 - Please contact me to discuss how I can leave a legacy to the CF Trust.
 - I know others who might be able to help the Trust in this way. Please send me further information about how I can get others involved.
 - I am a solicitor and want to discuss how I can promote legacies for the CF Trust.

Please return this form to:

Legacy Team, Cystic Fibrosis Trust, Freepost KE5045, Bromley BR1 1BR

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NO
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Legacy Team
Cystic Fibrosis Trust
Freepost KE5045
Bromley
BR1 1BR

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through a gift in your will*